



# News you can use

July 2023

## HELPFUL RESOURCES

### RKT CENTRE PHONE NUMBER

Some of you will probably already have received a call from our centre phone number (**0433 220 183**). Gretha will be using this to get in contact about appointments, important notifications and general admin queries. You can use this number if you are unable to get in touch with your therapist but need to leave an important message.

### BEACON CYBER SAFETY APP

The Telethon Kids Institute have developed an education app for teaching skills related to cyber safety. It provides parents with a huge amount of resources relating to online safety and follows a tailor-made approach by asking you questions about your family so the content can be relevant to you. A really good feature is that it has a template for making a digital agreement which can help set up shared expectations between you and your child.



### Annual Leave

We wanted to keep you updated on when staff will be on annual leave over the coming months:

**Andy** is finally going on his honeymoon with Tara to Kuala Lumpur and will be away from 17<sup>th</sup> July to 30<sup>th</sup> July. If you need anything while he is on leave, please email JJ or Gretha.

**Emily** is doing Christmas in July with her lovely family and will be away Monday 24<sup>th</sup> July. She is also taking some time off from 30<sup>th</sup> August to 8<sup>th</sup> September. If you need anything while she is on leave, please email JJ or Gretha.

**Gretha** will be visiting her mother in South Africa from 25<sup>th</sup> September to 6<sup>th</sup> October. In her absence you can email Tanya.

## WHAT'S HAPPENING

### RESILIENT KIDS TURNED ONE!

Thank you for your continued support over the past year! We recently went out for a team lunch to celebrate the 1 year anniversary of Resilient Kids. It means a lot to us that you have placed your trust in Resilient Kids Therapy to support your child, and we have loved partnering with you and seeing the progress of all the children we support. Resilient Kids Therapy was created out of a desire to build strong relationships with families and children so that we could support development, using evidence based practices, in the best way possible. We see development happening in the context of social relationships and interactions and look forward to being part of your family's journey for as long as you would like us to be.



*Thank you to all families for choosing to be supported by Resilient Kids Therapy. This time last year I made the choice to start Resilient Kids Therapy so that I could place more emphasis on the relationship between clinician and family, with the idea that this would maximise the potential for development. Within the span of 1 year we have grown to 3 clinicians and 2 support staff. I know this wouldn't be possible without the families who place their trust in us, the clinicians who are passionate about children achieving their potential and my supportive and loving family. I am looking forward to the next year and hope to keep the heart of Resilient Kids focused on relationships that support development and encourage children to be resilient learners.*

*JJ Schoeman - Director*

## MEET EMILY

Hi I'm Emily, the newest member of the Resilient Kids Therapy team. I graduated with honours in Occupational Therapy from Curtin. I have always loved working with children - from when I was in high school helping out in my mums kindergarten classroom, to working as a nanny for several different families for many years. After graduating from university I worked in the early intervention space (children aged 2-7) and I felt like I truly found my passion. I love working with families to develop meaningful relationships through therapy and most importantly having fun.

I have had some time off work to have my beautiful daughter Maisie, who is now 9 months old. When I'm not at work, I love spending time with Maisie and my husband, Joe. We have two crazy cats (Louis and Ollie) and have just moved into our dream home. I love to read, do Pilates and go shopping.

